

## **“As for Mary, she treasured all these things and pondered them in her heart.” (Luke 2:19)**

“You don’t know what you have until it’s gone” is a phrase we all too often find ourselves saying. A phrase filled with regret. As we enter May we are invited to give a little extra attention to Mary who knew what it was to have something and to lose it. The Gospel tells us that she took time to treasure and reflect on the gifts given to her, not least her son. Mary is a model for stewardship in the home – receiving her gifts, reflecting on and treasuring them, and giving them to the world.



### To Read

Luke 1:26-45

### To Reflect on

Mary looked at the world through grace filled eyes which allowed her to see the treasures given to her. We can choose whether to look at the world through grace-filled eyes or cynical eyes. Have we allowed ourselves to become jaded? Can we take the opportunity to be a little more open? What may be hindering us from looking at the world through grace-filled eyes?

### To Do

The Rosary invites us to reflect on the joyful, sorrowful and glorious mysteries of Christ through the eyes of His mother. Try taking a couple of minutes each day, or perhaps once a week, to examine some events in the day or week and to look for the gifts they have brought e.g.

- a moment of joy such as an encounter with a friend or stranger
- a moment of sorrow, perhaps brought through personal experience or through news
- a glorious moment when you felt the presence of God

Did you experience each as a gift? If you have an opportunity to share with others, such as at a family mealtime, or with friends, share those gifts and give thanks to God for them.