

# The harvest is rich but the labourers are few, so ask the Lord of the harvest to send out labourers to his harvest.

(Matthew 9:37)



In our increasingly busy world we can easily become ‘out of touch’ with the rhythm of the seasons and our close ties to the earth. Autumn gives us an opportunity to get ‘in touch’, not only with the harvest of the fruits of the earth, but with our call to be labourers for the Lord’s harvest.

We are called to work with God in creation to grow our food and to sustain life, a fact we celebrate in every Eucharist. We are also called to work with God in many other ways: to serve Him through the service of others and to be good stewards of all the gifts with which He has blessed us.

**To read**      Matthew 22:34-40

## **To reflect on**

As labourers in the harvest we are called to serve our neighbours and to love them. Christ tells us to love our neighbour as ourselves – and often our first challenge is to love ourselves. Only when we truly recognise ourselves as a gift from God can we see the gifts of others. Do we allow ourselves to love ourselves as God loves us?

## **To do**

On your own, as a family, or with others, take time to list at least three positive things about yourself. You could also take time to list positive things about each other. Perhaps you could answer some of these questions: “I am best at...”, “I’m getting better at...”, “I am proud that...”, “I am happiest when...” This can be a very powerful thing to do with children. Thank God for all the positive things named.