

“The kingdom of Heaven is like a mustard seed...it is the smallest of all the seeds.” *(Matthew 13:31-32)*



Life at home can often feel like total chaos: so many things, so little time. But, chaos can be good. We hear much about chaos theory, often called the “butterfly effect”. The idea is that something as small as the beat of a butterfly’s wing somewhere in the world can change the course of a hurricane on the other side of the planet. Each day we make small choices and do small acts but these can change the lives of many for years to come, especially those closest to us. Each day we are called to build the Kingdom in the small things we do.

To read:

Matthew 13:31-32

To reflect on:

Are you aware of a small act that has affected the way you approach life? It could be a kindness that has lifted your self-esteem, or a reproach which has shaken your confidence. Children are especially sensitive to this.

Many people who leave the Church say that it was the insensitive act of one person that drove them away. Many people who enter the Church as adults say that it was the simple witness of one person that drew them in.

To do:

Take a moment each day to look for the small things that you have done, and that have touched you; an act of kindness, a gentle or harsh word that someone may carry in their heart for a long time, and may help to shape them.

What small seeds of God’s Kingdom can you plant tomorrow?