



PORTSMOUTH
DIOCESE

GUIDE TO
ORGANISATIONS
SUPPORTING
FAMILY LIFE
AND MARRIAGE

UPDATED JULY 2008

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Age Concern

Tel: 0800 009 966 (Hampshire: 01962 868545)

Email: mail@ageconcernhampshire.org.uk

www.ageconcern.org.uk

AL-Anon & Alateen Helpline (10am-10pm)

(Members are people from all walks of life. They are wives, husbands, partners, sisters, brothers, children, parents, friends or colleagues of alcoholics.)

Tel: 0207 403 0888

Email: enquiries@al-anon.org.uk

www.al-anon.org.uk

Alcoholics Anonymous

(A fellowship of men and women who share their experiences, strength and hope with each other.)

Tel: 08457 697555

www.alcoholics-anonymous.org.uk

Anti-Bullying Campaign Helpline for Parents (or Children or Bully)

Tel: 0207 378 1446

Association of Interchurch Families

National Tel: 0207 654 7251

Email: info@interchurchfamilies.org.uk

www.interchurchfamilies.org.uk

Local contacts: Paul and Lucy Docherty

Tel: 01329 233602

Email: paul@docherty1.co.uk / lucy@docherty1.co.uk

Association of Separated and Divorced Catholics

National Enquiry Line Tel: 01132 640638

Beginning Experience

(Support for those who have lost a spouse through death, separation or divorce. Also for their children.)

www.beginningexperience.com

Care for the Family

(Promotes family life and helps those hurting because of family breakdown.)

Garth House, Leon Avenue, Cardiff CF15 7RG

Tel: 02920 810800

Email: mail@cff.org.uk
www.careforthefamily.org.uk

Carers in the Community

(For those caring for people with mental illness.)

Tel: 01642 818332

Email: edna@carersinthecommunity.org.uk

www.carersinthecommunity.org.uk

Caritas-Social Action

(Umbrella organisation for Catholic Social Care organisations working within England and Wales.)

Tel: 0207 901 4875

Email: caritas@cbcew.org.uk

Catholic Association for Racial Justice

(Works with Black and minority ethnic Catholics. Also works with Catholic Dioceses and Parishes to raise awareness of the issues of racism and racial justice.)

Tel: 0208 802 8080

Email: info@carj.org

www.carj.org.uk

Catholic Caregivers

(An American organisation which provides information and material to help those who support and work with caregivers.)

Email: MonicaDodds@YourAgingParent.com

www.CatholicCaregivers.com

Catholic Children's Society

(Professional care of children requiring family placement.)

Tel: 0208 668 2181

Email: info@cathchild.org

Reading Office Tel: 01189 875121 Email: reading@cathchild.org

Winchester Office Telephone number and email:

Adoption: 01962 842024

adoption.winchester@cathchild.org

Foster Care: 01962 842024

fostering.winchester@cathchild.org

Catholic Deaf Association

(Their mission is to bring 'Good News' to Deaf people and enable them to pass it on to others.)

Tel: 0161 835 1767

Email: catholicdeaf@btopenwotld.com

www.cda-uk.com

CFH – The Caring Fellowship

(Diocesan organisation which aims to provide spiritual and practical help to families with children or young people who have physical and mental disabilities.)

Chairman: Jim Sharpe Tel: 01753 863283

Secretary: Paula Medd Tel: 02392 369183

Catholic Office for the Protection of Children and Vulnerable Adults

(COPCA) From 1st July 2008 COPCA will be known as:

Catholic Safeguarding Advisory Service (CSAS)

Tel: 0121 233 1963

Fax: 0121 236 3379

www.copca.org.uk

Portsmouth Diocesan Safeguarding Co-ordinator: Angela McGrory

Tel: 02392 816396

Catholic Women's League

(Promotes religious, educational and social welfare. A source of friendship, spiritual activities and charitable/social activities.)

Branch President: Stella Adams Tel: 02392 467394

Branch Liaison Officer: Dinah McLaughlin Tel: 01962 627494

Email: dinahmcl@interalpha.co.uk

Causeway Prospects

(A growing network of groups around the country bringing the Good News of God's love to people with learning disabilities.)

Email: info.prospects@thirlmere.org

<http://prospects.thirlmere.org>

Child Death Helpline

(For anyone affected by the death of a child of any age, from prebirth to adult, under any circumstances, however recently or long ago.)

Tel: 0800 282986 (Mon-Fri 10.00-1300 & 19.00-22.00, Tues/Wed 13.00-16.00 also)

Childline

(For children in frightening situations.)

Tel: 0800 1111

Compassionate Friends Helpline

(Support for bereaved parents and their families.)

Tel: 0845 123 2304

www.tcf.org.uk

Cruse Bereavement Care

(Exists to promote the wellbeing of bereaved people of any age, and to enable anyone bereaved by death to understand their grief and cope with their loss.)

Helpline Tel: 0844 477 9400

Email: helpline@cruse.org.uk

www.crusebereavementcare.org.uk

Disability Alliance

(Disability Alliance is a national registered charity with the principal aim of relieving the poverty and improving the living standards of disabled people.)

Tel: 0207 247 8776

Fax: 0207 247 8765

Email: office.da@pipex.com

www.disabilityalliance.org

Domestic Violence Helpline

(The helpline will provide access to 24-hour emergency refuge accommodation, as well as an information service, including safety planning and translation facilities to thousands of women who suffer at the hands of an abusive partner.)

Tel: 0808 200 0247

Drinkline (9am-11pm Monday to Friday)

(Drinkline is confidential and no names need be given. Callers to the above number have the option of listening to recorded information about alcohol or talking to an adviser.)

Tel: 0800 917 8282

Drugs Helpline

(Provides information about local and national services that can provide counselling and treatment.)

Tel: 0800 776600

www.talktofrank.com

Everybody's Welcome

(Supports parish communities to become more friendly, more [family-sensitive](#), and more welcoming of all, including those at their heart as well as on the margins.)

What is Life Like? is a series of leaflets to help parishes understand and meet the needs of families in specific situations.

What is Life Like if You or Someone in Your Family

- Is [Bereaved or Has Suffered a Loss?](#)
- Is [Disabled or has Learning Difficulties?](#)
- Is [Divorced and Remarried?](#)
- Is Gay or Lesbian in Their Sexual Orientation?
- Has a [Mental Health Problem?](#)
- [Share Life and Love but not Faith in God?](#)
- [Share Your Christian Faith within Two Different Church Traditions?](#)

Email: everybodyswelcome@celebratingfamily.org.uk

www.everybodyswelcome.org.uk

(Free copies of the above leaflets are available on request from the Department for Pastoral Formation – see page 12.)

Faith and Light

(An international Christian Association of people with learning difficulties, their families and friends, founded by Jean Vanier.)

National Co-ordinator England South: John Williams

Tel: 02380 260061

Email: johnandcarolwilliams@chandlersford76.fsnet.co.uk

www.faithandlight.org.uk

Family Education Trust

(A national educational trust which researches the causes and consequences of family breakdown.)

Tel: 0208 894 2525

www.famyouth.org.uk

Fertility UK

(Natural family planning & access to local teaching services.)

www.fertilityuk.org

Gamblers Anonymous (UK) Helpline

Tel: 0207 384 3040

Get Connected – a referral service for young people

(Free confidential help for young people.)

Tel: 0808 808 4994

Email: help@getconnected.org.uk

www.getconnected.org.uk

Gingerbread Advice Line

(Gingerbread is an organisation for Lone Parent Families.)

Tel: 0800 018 4318

Email: info@oneparentfamilies.org.uk

www.gingerbread.org.uk

Home-Start UK

(Parents supporting other parents (with young children) who are struggling to cope.)

National Tel: 0116 233 9955

www.home-start.org.uk

Portsmouth Tel: 02392 384027 Email: office@hsportsmouth.org.uk

West Berks Tel: 01635 500860 Email: office@home-startwb.org.uk

NEHants Tel: 01256 812333 Email: homestart-nwhants@tiscali.co.uk

Immigration Advisory Service

(The Immigration Advisory Service (IAS) is the UK's largest charity providing representation and advice in immigration and asylum law.)

Tel: 0207 967 1200

www.iasuk.org

Life Fertility Care Programme

(Promotes and supports reproductive health and fertility.)

www.lifefertilitycare.co.uk

Life Pregnancy Care

(Offers free, confidential information, counselling and support for women contemplating abortion, suffering after pregnancy loss or struggling to cope after abortion.)

National Hotline: Tel: 0800 915 4600

Text-To-Talk 07786 200330

Email: info@lifecharity.org.uk

www.lifecharity.org.uk

(‘Hurt by abortion? Need to talk..?’ Leaflet produced by Life is available on request from the Department for Pastoral Formation – see page 12.)

Lone Parents Helpline

(The UK's free, independent helpline for lone parents and anyone affected by the issues surrounding one parent families.)

Tel: 0800 018 5026 (9am-5pm Monday to Friday; Wednesday 9am-8pm.)

www.loneparenthelpline.info

Marriage Care

National Helpline: Tel: 0845 660 6000 (10am-4pm Monday to Friday local rate)

	Counselling Appointments	Marriage Preparation Coordinator
Bournemouth	0800 389 3801	01202 430573
North East Hants	0800 389 3801	0800 389 3801
Oxford	0800 389 3801	01491 873193
Portsmouth	0800 389 3801	02392 263191
Reading	0118 946 2529	
Southampton	0800 389 3801	0800 389 3801
Wiltshire	0800 389 3801	

Email: info@marriagecare.org.uk

www.marriagecare.org.uk

Diocesan Marriage Care Co-ordinator: David Chiswell(02392 263191)

National Association of Ovulation Method Instructors (Billings) NAOMI (UK)

(Provides information, literature and a teaching service for learning the Billings Ovulation Method of Natural Family Planning.)

www.billingsnaomi.org

National Board of Catholic Women

(A forum in which Catholic women of England and Wales come together to share their views and concerns at diocesan and national level.)

Tel: 01642 791840

Email: enquiries@nbcw.org

National Debtline

(The helpline that provides free confidential and independent advice on how to deal with debt problems.)

Tel: 0808 808 4000

www.nationaldebtline.co.uk

National Missing Persons Helpline

Tel: 0500 700700

NSPCC

(Anyone concerned about a child at risk - its aim is to end cruelty to children.)

Tel: 0808 800 5000

www.nspcc.org.uk

PACT Prison Advice and Care Trust

(Supports people affected by imprisonment - works with children and families of prisoners, and with prisoners inside and on release.)

Tel: 0207 490 3139

www.prisonadvice.org.uk

Parenting Programmes - (Family Caring Trust)

(Parenting materials.)

Tel: 02830 264174

Email: office@familycaring.co.uk

www.familycaring.co.uk

Parentline Plus Helpline

(Works to offer help and support through an innovative range of free, flexible, responsive services - shaped by parents for parents.)

Tel: 0808 800 2222

www.parentlineplus.org.uk

Positive Parenting Publications

(Produce Resources, Training and the Delivery of Parenting Support in the community.)

Tel: 0845 643 1939

www.parenting.org.uk

Rainbows

(Offers training and programmes for children, young people and adults of all ages who are grieving a death, family change or any other significant loss.)

National Office Tel: 01582 724106

Email: rainbows.dc@virgin.net

www.rainbowsgb.org

Local Co-ordinator: Michele Totman

Rethink

(Provider of high quality mental health services that are carefully planned, managed and monitored and support the people who use their services towards achieving their potential.)

Tel: 0208 974 6814

Email: advice@rethink.org

www.rethink.org

Retrouvaille

(For those whose marriages are in difficulties - Retrouvaille is a programme designed to help, heal and renew marriages.)

Tel: 0800 032 7858

Email: info@retrouvaille.org.uk

www.retrouvaille.org.uk

Samaritans

(24 hour confidential non-judgemental emotional support.)

Tel: 08457 909090

Email: jo@samaritans.org

www.samaritans.org

Sands: Still Birth and Neonatal Death Society

(Provides support for anyone affected by the death of a baby.)

Tel: 0207 436 5881

Email: helpline@uk-sands.org

www.uk-sands.org

Saneline

(Provides help and information to those experiencing mental health problems, their families and carers.)

Tel: 0845 767 8000

Email: sanemail@sane.org.uk
www.sane.org.uk

Sexual Health Line

(24-hour, seven-days-a-week, free and confidential telephone service with advice about HIV, AIDS, sexual health, sexually transmitted infections, local services, clinics and support services.)

Tel: 0800 567123

SOBS: Survivors of Bereavement by Suicide

(Meets the needs and breaks the isolation of those bereaved by the suicide of a close relative or friend.)

Tel: 0844 561 6855 - 9am to 9pm every day

Email: sobs.admin@care4free.net

www.uk-sobs.org.uk

Society for the Protection of Unborn Children (SPUC)

(Pro-life organisation working to save the lives of unborn children. The Society also campaigns to protect sick, elderly and disabled people, who are increasingly under threat from euthanasia, as well as on a host of other pro-life issues.)

Tel: 0207 091 7091

Email: information@spuc.org.uk

www.spuc.org.uk

Society of St. Vincent de Paul (SVP)

(Dedicated to tackling poverty and disadvantage by providing direct practical assistance to anyone in need.)

National Tel: 0207 407 4644

Email: info@svp.org.uk

Portsmouth Central Council President: Kevin McDermott

Email: portsmouth@svp.org.uk/kevin.mcdermott4@ntlworld.com

www.svp.org.uk

Teams of Our Lady

(An international Catholic movement for Christian married couples. Team members provide support and encouragement for each other on their spiritual journeys and their daily lives.)

Local Contacts: Chris and Frankie Lane

Tel: 01329 310785

Email: c-f.lane@ntlworld.com

www.teamsofourlady.org.uk

The Portsmouth Diocesan Tribunal

(The tribunal seeks to assist, within canon law, those whose marriages have broken down and are seeking to establish whether they are able to marry in the Catholic Church.)

Tel: 01252 878789

Fax: 01252 871120

Email: portsmouthtribunal@tiscali.co.uk

Union of Catholic Mothers

(For Catholic women, married and single - also non-Catholic wives of Catholic husbands. Aims to follow the full Christian ideal of marriage and family life.)

Diocesan President: Maureen Meatcher

Tel: 0118 979 0359

Email: maureen.meatcher@ntlworld.com

Worldwide Marriage and Engaged Encounter

(Movement of couples, priests and religious committed to the renewal of the Church through the sacraments of Marriage and Holy Orders. Offers weekends for married and engaged couples, and priests and religious.)

Portsmouth Diocesan contacts: Chris and Mary Farrall

Tel: 01962 620289 Email: c.farrall@ntlworld.com

Eastern Region Co-ordinators: Tony & Pam Darroch

Tel: 01189 811105 Email: torrisdale_pam@yahoo.co.uk

www.wwme.org.uk

Young Minds (Parents Information Service)

(Committed to promoting and improving the mental health of all babies, children and young people. Free telephone service staffed by a team of experienced advisers and backed up by an extensive database of services and a wide range of publications for young people, parents and professionals.)

Tel: 0800 018 2138

Email: enquiries@youngminds.org.uk

www.youngminds.org.uk

Every effort has been made to ensure that the details above were correct at time of publication. Please advise us if any changes or additions are needed to update this information for the 2009 edition.

Department for Pastoral Formation: 01329 835583

Email: administrator@portsmouthdiocese.org.uk

